

# RUGBY CROSS COUNTRY RESULTS

**Class "B" East Region, Saturday, October 16, 11:00 a.m.**  
**Site - Cooperstown Country Club - Cooperstown, ND**

## **Varsity Girls (4000 Meters)** (99 runners)

Chandra Yankton - 2nd place - 15:00 - **All-Region**  
Sydney Kraft - 5th place - 15:42 - **All-Region**  
Lauren Christenson - 7th place - 16:04 - **All-Region**  
Crystal Hovland - 16th place - 16:39 - **All-Region**  
Shanaya Fred - 18th place - 17:00 - **All-Region**  
Alexis Thompson - 29th place - 17:44  
Camille Klein - 34th place - 18:04

McKenzie Johnson - 36th place - 18:11  
Allison Foster - 44th place - 18:24  
Cassandra Jaeger - 48th place - 18:41  
Paxton Klein - 61st place - 19:23  
Aubrey Hovland - 64th place - 19:37  
Kayla Voeller - 81st place - 21:26  
Canya Fly - 82nd place - 21:30

Team Results: **1. Rugby - 48**, 2. Velva - 77, 3. Grafton - 120, 4. Carrington - 121, 5. Griggs County Central - 123, 6. Cavalier - 239, 7. Langdon - 250, 8. Richland - 311, 9. Bottineau - 356, 10. Minot Bishop Ryan - 363, 11. Hatton/Northwood/Thompson - 380, 12. Mayville-Portland-Clifford-Galesburg - 385, 13. Larimore - 395, 13. Lisbon - 397, 15. Hillsboro - 399, 16. Benson County - 407, 17. Central Cass - 411, 18. Dunseith - 420, 19. North Star - 434, 20. Sargent Central - 444, 21. Central Prairie - 461, 22. Warwick - 475, 23. Four Winds - 495

Individual Winner: Alyssa Anderson - Benson County - 14:47

Region Nominees for State Outstanding Senior of the Year Award: Taylor Palmer - Griggs County Central  
Kara Kuntz - Velva  
Amy Letawsky - Carrington

Region Coach of the Year: David Peterson - Velva

## **Varsity Boys (5000 Meters)** (112 runners)

Erik Wangler - 3rd place - 17:29 - **All-Region**  
Garrett Thompson - 5th place - 17:35 - **All-Region**  
Kyle Volk - 6th place - 17:40 - **All-Region**  
Andrew Hershey - 9th place - 18:01 - **All-Region**  
Wyatt Thompson - 12th place - 18:05 - **All-Region**  
Taylor DeMers - 21st place - 18:26  
Tyler Larson - 24th place - 18:41

Chris Hamilton - 26th place - 18:42  
Kyle Halvorson - 30th place - 18:47  
Tanner Bernhardt - 51st place - 19:55  
Noah Kraft - 69th place - 20:49  
Nolan Hovland - 89th place - 22:21  
Eric Kuntz - 101st place - 23:19  
Xylan Fly - 103rd place - 23:41

Team Results: **1. Rugby - 35**, 2. Griggs County Central - 83, 3. Central Cass - 129, 4. Hatton/Northwood/Thompson - 154, 5. North Star - 168, 6. Grafton - 178, 7. Lisbon - 197, 8. Velva - 233, 9. Minot Bishop Ryan - 336, 10. Cavalier - 346, 11. Richland - 355, 12. Langdon - 363, 13. Four Winds - 384, 14. Sargent Central - 412, 15. Dunseith - 469, 16. Central Prairie - 470, 17. Larimore - 476, 18. Mayville-Portland-Clifford-Galesburg - 486, 19. Carrington - 513, 20. Sawyer - 525

Individual Winner: Adam Monson - Hatton/Northwood/Thompson - 17:11

Region Nominees for State Outstanding Senior of the Year Award: Adam Monson - Hatton/Northwood/Thompson  
Garrett Thompson - Rugby  
Austin Smith - Grafton

Region Coach of the Year: Bill Jansen - Rugby